

I am at my office on a university campus. The weather is hot, the window is open, I blindfold myself, try to concentrate on the sounds I hear and I can distinguish the following sounds:

1. What do I hear?

- traffic: motor cars, cars, lorries,
- construction works going on
- posters fluttering in the breeze
- my colleague in the room is typing a transcription of a recording, the voice of someone speaking English can be heard in the far background
- in the corridor there is noise of someone walking by, I think it is a woman, I wonder who, I hear a door being opened

2. Is it pleasant or annoying?

The sounds of the traffic are invasive and annoying, but it is very hot, so we want to keep the window open.

3. Can you estimate the distance?

The posters and the typing colleague and the noises on the corridor, are at a distance of 1 to 2 meters, the traffic is out there everywhere, difficult to say

4. Do you automatically visualise what you hear in your imagination?

I had no reflex to connect the sounds to images in my mind, they have a meaning to me as such without the need to visualise them

5. What kind of listening filters have played a role?

I think the social filter for me means using what I hear to connect to people: I am interested in sounds that relate to activities or people. I ask my colleague who the person is that she is listening at, I make a comment on the fact that she types with a

certain rhythm, and that makes me wonder what it would sound like as part of an orchestra, and also whether the rhythm of the speech in the recording is reflected in the typing.